

## *Training Offered for Mediation Centers by Community Mediation Maryland*

### **Training for New Mediators:**

Basic 50-Hour Training (50 hours up front and 5 hours follow-up after apprenticeship)

**Advanced Training for Mediators: Requires 1. completion of at least a 40-hour Basic Mediation Training, 2. completion of an apprenticeship (observing 2 mediation cases and co-mediating 2 additional cases with a more experienced mediator), 3. mediating 5-10 mediation cases (cases, not sessions), and 4. being approved by center Director as an active mediator who is ready to mediate these advanced cases.**

Parenting Plan (Custody & Visitation) Training: 20 hours

Parent-Teen Training: 15 hours

Large Group Facilitation Training: 15 hours

Re-Entry Mediation Training: 8 hours

IEP Facilitation Training: 24 hours

### **In-Service Trainings for Mediators of All Skill Levels (2-4 hours):**

Ethics Training

Open Ended Questions

Inclusive Listening™

Brainstorming & Developing Solutions

Power Imbalances

Handling Intense Conflict Energy

Getting Unstuck in Mediations

Giving and Receiving Feedback with Co-Mediators

Co-Mediation Strategies

Other skill areas as needed

### **Training for Program Staff/Volunteers:**

Intake (8 hours)

Outreach

Developing Internal Quality Assurance Systems

Other topic areas as needed

*Note: These trainings are generally done on a regional basis when one center agrees to host them. Community Mediation Maryland can also work one-on-one with new centers that need to develop systems.*

### **Training for Boards of Directors:**

What is Community Mediation?

Outreach Strategies

Other topic areas as needed

## **WHO DOES WHAT**

### **What Community Mediation Maryland will provide for your training:**

- CMM's Director of Training (or another qualified CMM trainer)
- Binders and all training handouts that are needed
- Follow-through with the training contract.

### **What your center will provide for your training:**

- A facility that will allow for up to 16 people seated in a circle, substantial wall space to post flip chart paper and a minimum of one breakout room for every 4 participants (for role plays). Facility must be scheduled to allow 30 minutes set-up and 30 minutes break-down time.
- Easel and flip chart, tape, markers, writing implements and paper for trainees to use.
- Handouts that are specific to your center's policies (consent to mediate forms, follow-up forms, etc.)
- Meals and snacks appropriate to the schedule that you submit.
- An on-sight person to handle logistical issues that may arise during training (unlocking rooms, food deliveries and set-up, delivery/set-up of other supplies, site clean-up, etc.)
- Follow-through with the training contract.

If you have any questions please call Erricka Bridgeford, Director of Training at [mediationdiva@gmail.com](mailto:mediationdiva@gmail.com) or 443-622-3924.